HEAL MAPPS: Healthy Eating & Active Living
Mapping Attributes Using Participatory Photographic Surveys

Purpose
HEAL MAPPS is designed to identify barriers to prevent and assets to facilitate healthy eating and active living in the rural context. Our team expanded HEAL MAPPS, incorporating additional CBPR methods in order to assess the nuances of the lived experience of food insecurity in any food environment: rural, suburban, urban. We are currently working with families in Suburban Butler County to assess healthy food access and create a community plan to increase food security.

Impact
The community plan created in collaboration with the MAPPers, community stakeholders, and community members, will set a path to addressing barriers uncovered in the mapping and other CBPR exercises and in the community conversation.

A task force will implement the recommendations of the community plan related to the conversation around food insecurity in Wester Chester, Ohio (Butler County)

The leadership skills that the youth mappers are developing will benefit them throughout their education and into their adult lives.

Ohio State Colleges/Units Involved
OSU South Centers (extension)
The Kirwan Institute for the Study of Race and Ethnicity
Butler County (extension)
Knowlton School, City and Regional Planning Department
College of Education and Human Ecology

Community Partners Involved
Meadow Ridge Apartments
West Chester, Ohio
Butler County Success

How you can get involved:
If you are working or living in a community that you think would benefit from HEAL MAPPS, our team would love to partner to understand the nuances of food insecurity in your community.

To get involved, contact:
Glennon Sweeney
Research Associate
Kirwan Institute for the Study of Race and Ethnicity
sweeney.270@osu.edu