

# Goodwill Columbus

**Goodwill Columbus** offers volunteer opportunities for individuals, businesses and corporate groups as rewarding and varied as its mission of transforming the lives of individuals with disabilities and other barriers through pathways to independence and the power of work.

With a commitment of anything from a few hours per week to the whole day, you or a group of your co-workers may choose to participate in a wide variety of volunteer opportunities here at Goodwill Columbus.



## Contact

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<http://www.goodwillcolumbus.org>

## HOW YOU CAN BE INVOLVED

**Young Adult Services** - Work with individuals ages 18 – 45 with developmental disabilities and other barriers to promote recreation and education through a variety of activities.

Examples: Assist with games, crafts, cultural training, shopping, education and more

**SAGE Senior Program** - Work with individuals age 45+ with developmental disabilities and other barriers to promote health & wellness through a variety of activities.

Examples: Assist with reading, games, arts and crafts, sewing and more.

**Health & Wellness** - Work with day program participants with developmental disabilities and other barriers to promote health & wellness through a variety of activities.

Examples: Volunteer in gym, help with wheelchair basketball, chair volleyball

**Art Studio & Gallery** - An innovative fine arts program for people with developmental disabilities and other barriers.

Examples: Assisting to put aprons on participants, building companionship, cleaning and putting away art supplies, help put together “products”



## HOW YOU CAN BE INVOLVED

**Goodwill Gladiators** - This Special Olympics program at Goodwill Columbus provides adult participants with developmental disabilities and other barriers, year-round sports training and competition opportunities.

Coaches are needed for the following sports

- Basketball (both men’s and women’s teams) (November- March)
- Bowling (December - April)
- Track and Field (March - June)
- Tennis (March - June)
- Golf (June - September)
- Softball (July - September)
- Soccer (August - October)
- Flag Football (not an Ohio Special Olympic activity; begins in the fall) (August - October)

**Barrier Breakers** - A like minded group of young professionals and students that have partnered with Goodwill Columbus to support their mission of empowering people with disabilities and other barriers

Examples: group outings, fundraising events, encouragement for day program participants