Sports Medicine Community Outreach

Purpose
The OSU Sports Medicine Outreach Program brings sports medicine to the community. It is a multidisciplinary team of physicians, athletic trainers, physical therapists, sport psychologists, nutritionists, sports performance coaches and other health professionals.

Impact
Over 5,000 local competitors and performers benefit from our on-site care provided to a wide variety of community partners, most notably Columbus City Schools. We promote overall health and well-being via educational programming on physical fitness, the treatment and prevention of injuries and related sports and exercise subject matter.

On-site care includes injury evaluation, injury treatment/management, injury prevention and sports performance. We foster the university's spirit of collaboration through student mentoring and teaching, as well as by inclusion of our resident physicians and sports medicine fellows.

Ohio State Colleges/Units Involved
OSU Sports Medicine
College of Medicine
Family Medicine
Orthopaedics
School of Health and Rehabilitation Sciences
Internal Medicine
Physical Medicine
College of Nursing

Community Partners Involved
Ballet Met
Capital University
Columbus City Schools
Columbus State Community College
Granville High School
Ohio Machine
OSU Department of Dance
OSU Rugby
Pelotonia
Special Olympics

Contact
Chris Mizer
OSU Sports Medicine
christopher.mizer@osumc.edu
(614) 366-5866