4-H: Making the Best Better for Ohio Youth

Purpose
Ohio 4-H is the youth development program of OSU Extension. More than 200,000 youth participate in 4-H activities focused on the 4-H mission mandates: citizenship, healthy living and science. By working with adult mentors, youth engage in a variety of projects and activities—from food and forestry to rockets and rabbits. 4-H gives children and teens opportunities to learn and practice life skills, and become confident in their ability to use them in the future.

Impact
In 2015, Ohio 4-H youth completed more than 427,000 projects and programs: 40% in the area of healthy lifestyles; 37% in science, engineering and technology; 23% in citizenship.

16,317 adult volunteer leaders were actively involved in Ohio 4-H in 2015. Volunteers served as community club and project advisors, school enrichment volunteers, on county advisory boards and special projects.

A national study found that 4-H youth are four times more likely to contribute to their community, and two times more likely to be civically active and make healthier choices.

Ohio State Colleges/Units Involved
- OSU Extension
- College of Food, Agricultural, and Environmental Sciences
- College of Education and Human Ecology
- College of Public Health
- The Ohio 4-H Foundation

Community Partners Involved
- Ohio County Commissioners
- County Agricultural Societies
- Ohio Farm Bureau Federation
- Nationwide Insurance
- State Farm Insurance
- Farm Credit Mid-America
- Monsanto
- Ohio National Guard
- Chicago Mercantile Exchange

How you can get involved:
- Serve as an advisor to a 4-H community club
- Offer your expertise as a project area advisor
- Assist on a county 4-H advisory committee
- Volunteer with the Ohio 4-H Foundation

To get involved, contact:
Sally McClaskey
Program Manager
Ohio 4-H Youth Development
mcclaskey.12@osu.edu
ohio4h.org