**Farming with Arthritis**

**Purpose**
Arthritis is a disease common to older adults and especially Ohio farmers due to high-risk work demands. Arthritis impacts one’s health, quality of life, and economic livelihood. The purpose of our project is to encourage arthritis prevention and management efforts.

**Impact**
- Arthritis screening tool for farmers developed, revised, and tested over the past four years and shared with Extension agents in seven states.
- Training manuals developed and disseminated to OSU Extension educators to replicate project.
- Over 1,000 Ohio and Kentucky farmers and rural older adults screened. A majority had minimal-moderate risk for arthritis and were encouraged to contact local healthcare providers.
- Seventy-five students from OSU and Shawnee State learned about health problems of rural older adults and trained to administer screenings.
- National webinar reached rural Extension educators and healthcare professionals to train them about preventing and managing arthritis.

**Ohio State Colleges/Units Involved**
- College of Medicine
- Wexner Medical Center
- Occupational Therapy
- Pharmacy
- OSU Extension

**Community Partners Involved**
- Shawnee State University
- Southern Ohio Medical Center
- Berger Health Systems

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